



Table of Contents

Job Search Resources	Pg. 2-3
Relocation Resources	Pg. 3-4
Schools and Childcare Resources	Pg. 4
Eldercare Resources	Pg. 4-5
Recreation, Arts, and Entertainment Information	Pg. 5



Job Search Resources

Job Listings

- Business (general)
 - o San Diego Careers
 - o Sign-On San Diego Jobs
 - o Jobing.com San Diego Jobs
 - San Diego Recruiter
 - o JobStar San Diego
- Government and non-profit organizations
 - o City of San Diego
 - San Diego County

- <u>NPWorks.org</u> (non-profit organizations)
- K-12 Education
 - <u>Edjoin.org</u> (school district jobs searchable by county)
 - o San Diego City Schools
- Libraries
 - San Diego County
- Volunteer opportunities
 - o Volunteer San Diego

San Diego Company and Industry Information

- Largest employers
 - San Diego County Largest Employers (San Diego Daily Transcript listing)
- San Diego professional group listings
 - Professional Organizations in San Diego
- UCSD employment information
 - New employee orientation: Working at UCSD
 - o Career Connection
- San Diego Region Employment Forecast
 - San Diego Labor Market Data Dashboard

Job Search and Interview Tips

Below are job-search tips and helpful information about resume development and interviewing.

- Resume development
 - How to write a resume
 - Tips on writing a CV
 - How to Follow Up a Resume Submission
- Job search correspondence
 - o How to write a great letter
 - Cover letter samples
 - o Tips and Advice for Writing a Cover Letter
- Job search strategies
 - o 11 job search tips
 - Exercises to identify your ideal job
- Interviewing
 - o Interview advice
 - Interview techniques and tips
 - How to answer difficult interview questions
 - How to act <u>before and after interviews</u>
 - Evaluating a Job Offer
 - Common interview questions
- Salary calculators (what do you need to earn to live in a certain area?)



- Payscale.com gathers salary information directly from employees
- o Payscroll.com scrolls job listings for salary information
- Salary.com reveals the results of salary surveys

Temporary and Permanent Placement Agencies

- All Industries
 - o Kelly Services
 - Manpower Professional Services
- Accounting
 - o Accounting Advantage
 - o AccountTemps
 - KForce Professional Services
 - Robert Half Accounting and Finance
 - o Spherion
- Administrative/clerical
 - Eastridge Administrative Solutions
 - Pridestaff
 - o Office Team
- Healthcare/Medical
 - KForce Professional Staffing
 - Medical Resources Staffing Services
 - o NurseFinders
 - o Spherion

- High-tech/technology industries/engineering
 - Aquent
 - Eastridge Infotech Technology
 Staffing
 - High Tech Professionals
 - KForce Professional Staffing
 - Netsoft
 - Robert Half Technology
 - o Spherion
- Human resources
 - HR Solutions
- Legal professions
 - Exclusively Legal
 - o Spherion
- Management
 - Robert Half Management Resources
 - o Spherion
- Research/science
 - KForce Professional Staffing
 - o BioPhase Inc.
 - Aerotek

Relocation Resources

Map of San Diego County

Communities and Neighborhoods in San Diego County

- Coastal cities and communities
 - Carlsbad
 - o Del Mar
 - Encinitas
 - o La Jolla
 - o Leucadia
- Inland cities and communities
 - Clairemont Mesa
 - o Escondido
 - o La Mesa
 - o <u>Miramar</u>
 - o Poway
 - University City

- Mission Beach
- Oceanside
- o Pacific Beach
- Solana Beach
- o Rancho Bernardo
- o San Diego
- o San Diego downtown area
- o Santee
- o Scripps Ranch



Rental Resources

- La Jolla Apartments for Rent
- La Jolla rental market comparison report
- San Diego Apartments for Rent Magazine
- <u>City-Data.com</u> (city profiles)

- Abodo
- ForRent
- Homes

• Relocation Coordinates Inc. (RCI), a full-service relocation company, works in providing detailed information on housing and communities. Services include cost-of-living analyses, information about various communities in the United States, and referrals to rental and realty experts as needed.

Schools and Childcare Information

<u>Bright Horizons Care Advantage</u> is a web-based resource to help you find and select pre-screened care for children, adults — even pets. You select the caregiver that's right for you. Whether you need everyday care or back-up care, Bright Horizons Care Advantage provides a comprehensive childcare.



<u>Sittercity</u> is America's largest website for connecting families with quality local in-home caregivers with nearly 2 million caregivers nationwide. Your Sittercity benefit gives you online access to local caregivers with profiles that include background checks, references, parent reviews, pictures, and more.

<u>Schooldigger</u> empowers parents to make informed choices about choosing a school for their child. This website database contains detailed profiles for over 136,000 schools in every state in the US, including 20 years of enrollment data, several years of test scores, crime data, real estate data, and everything useful in helping parents make better school choices.

<u>Greatschools</u> is the leading national nonprofit empowering parents to unlock educational opportunities for their children. They provide school information and parenting resources to help millions of American families choose the right school, support learning at home, and guide their children to great futures.

San Diego Area Eldercare Resources

With millions of adults caring for elderly parents or other dependent adults, eldercare is a significant issue for many in the workplace, and SoCal HERC offers resources and support alongside our member institutions in the San Diego Area.

MARC (The Memory, Aging, and Resilience Clinic) at UC San Diego Health System provides
comprehensive cognitive, emotional and physical health evaluation of older adults. This unique program
draws on the expertise of UC San Diego physicians in numerous specialties to carefully assess the overall
health of older adults – with particular focus on memory and thinking. After thorough examination, the
Memory, Aging and Resilience team prepares an individual care plan to address the needs of each patient.



- ElderHelp of San Diego
- www.SanDiegoElderCare.com (San Diego Eldercare Directory)

The following are some of the resources available in California. These organizations may be able to suggest additional resources.

- Aging and Independence Services
- Jewish Family Service Older Adult Services
- Medicare information for Californians
- Southern Caregiver Resource Center
- <u>Bright Horizons Care Advantage</u> is America's largest website for connecting families with nearly 2 million caregivers nationwide. It provides access to local caregivers with profiles that include background checks, references, reviews, pictures, and more, with skills ranging from companions to licensed RNs.

Recreation, Arts, and Entertainment

Recreation opportunities

- San Diego Park and Recreation Department
- Mission Bay Park guide
- County of San Diego Parks and Recreation
- San Diego region sports and recreation

- Youth camps and enrichment programs
- <u>Mission Bay Aquatic Center</u> (affiliated with UCSD)

Arts and entertainment

- La Jolla Symphony and Chorus season calendar
- Night & Day Dance Guide
- Night & Day Entertainment Guide

- San Diego Opera season calendar
- San Diego Symphony concert calendar
- San Diego Theater.com
- La Jolla Playhouse season calendar

Dining

- Dining & entertainment (includes listings by community)
- San Diego Restaurants.Com (search by cuisine, neighborhood, etc.)